



Paediatric Day Surgery Pathway and Pain Management Programme 2nd October 2026



08:30 - 09:00 Registration coffee/tea/breakfast (pastries and baps including vegetarian)

09:00 - 09:15 Welcome and Housekeeping

Dr Annabel Pearson and Dr Caroline Wilson / Mrs Sarah Parry, Lead Nurse Pain Management

09:15 - 09:30 POA - Pain Management Preparation Information

Dr Richard Beringer, Consultant paediatric anaesthetist

09:30 - 09:45 Fasting time / Sip to send:

Dr Ameilia Pickard, Consultant paediatric anaesthetist

09:45 - 10:00 Pre-medication (advantages, challenges and risks)

Dr Stuart Maxwell, Consultant paediatric anaesthetist

10:00 - 10:15 Perioperative anxiety and negative behaviour

Dr Maria Tosca Vargas, Consultant paediatric anaesthetist

10:15 - 10:30 Questions for panel

10:30 - 11:15 Coffee review trade stands

11:15 - 11:35 ENT (Tonsillectomy pathway including OSA and pain management)

Mr Julian Gaskin, Consultant Otolaryngologist

11:35 - 11:55 General surgery (laparoscopic hernia repair)

Mr Andrew Ross, Consultant Paediatric Surgery

11:55 - 12:15 Urology (hypospadias)

Mr Karim Awad, Consultant Paediatric Surgery

12:15 - 12:35 Orthopaedic (arthrograms, tenotomies and more)

Mr Martin Gargan, Consultant Paediatric Trauma Orthopaedic

12:35 - 12:45 Questions to panel

12:45 - 13:45 lunch

13:45 -14:30 Intra-operative pain management & Regional anaesthesia (Live scanning)

Dr Annabel Pearson / Dr Caroline Wilson

14:30 - 15:00 Anaesthetists in Training / Resident Doctor Prize Presentations

15:00 - 15:20 APA Update

15:20 - 15:45 Coffee break

15:45 - 16:15 Nurse led or Doctor discharge

Ms Sue Cross (Matron for Day Surgery)

16:15 - 16:30 Should we give Pain relief for discharge?

Mr Daniel Grigis, Paediatric Pharmacist

16:30 - 16:45 Is it just a day?

Catherine Carpenter-Clawson, Children Network Manager

16:45 - 17:00 Questions to panel

17:00 - 17:15 Evaluation / prize giving

